

QP Code: 108009

Reg. No.:

**First B.Sc. Nursing (Ayurveda) Degree Supplementary Examinations
November 2021**

Swasthavrutha

Time: 3 Hours

Max Marks: 100

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*

Essay

(2x10=20)

1. Write the various definition of swastha and discuss about the prayojana of swasthavritha
2. Define nutrition and write in detail about the essential constituents of food

Short Notes

(10x5=50)

3. Atinidra and its management
4. Snana guna
5. Levels of prevention
6. Pasteurization of milk
7. Social medicine
8. Surveillance of health immunology
9. Food preservation
10. Nitya sevaneeya ahaara
11. Ascorbic acid
12. Dantadhavana vidhi

Answer Briefly

(10x3=30)

13. Vilambika
14. Ritu sandhi
15. Adhyashanam
16. Ksheera varga.
17. Prayogika dhoomapanam
18. Udvarthanam
19. Health
20. Immunity
21. BCG vaccination
22. Ayurveda
